



St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

The Most Holy Trinity
Year B -
30 May 2021

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Norvin Dias



Check in here!

Masses numbers at
St Christopher's &
St Peter Chanel's
will be limited until
further notice.



the code **941461** mar

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.30pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am
2.00-3.00pm Adoration
& Confessions

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday: 9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am (9.30am
Adoration): Anointing Mass first
Thursday of the month.

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

Adoration

St Christopher's

Tuesday to Friday: 5.00-6.00pm

Baptisms

Sundays: 12.30pm

Weddings

St Christopher's: Saturday
1.30pm & 3.00pm

St Peter Chanel's: By arrangement

SOLEMNITY OF THE MOST HOLY TRINITY

"By sending his only Son and the Spirit of Love in the fullness of time, God has revealed his *innermost secret*: God himself is an eternal exchange of love, Father, Son and Holy Spirit, and he has *destined us to share in that exchange*" (CCC 221).

Friends, while the Solemnity of the Holy Trinity was not officially observed until 1334, the Trinity has always been "the central mystery of Christian faith and life...[and] the source of all the other mysteries of faith" (CCC 234). The whole of the Church's life, and indeed of love and human existence as we know and experience it, flows from the truth that God exists as three divine Persons—Father, Son, and Holy Spirit. Indeed, this truth is what allows us to draw closer to understanding perhaps the most well recited line by Christians, which comes from the first letter of John: "God is love" (1 John 4:7-21). Note, he does not say, God sometimes *does* things that are loving, or acts in a loving way, nor that he simply inspires love in us. But rather, God *IS* love.

Every love that this world knows, which grounds us, excites us, and draws the human heart on, comes from this abyss, from God, a God who *is* love.

For God to *be* love however, logic would tell us that there needs to be more than one; anything less is isolation, and egotism. Love always gives *of* itself, spiralling not inwardly, but outward to another. Love does not take. I've always for this reason enjoyed the definition of the 13th century Dominican, St. Thomas Aquinas who expressed love as: 'to consistently will and choose the good of the other, for the sake of the other' or words to that effect. That is, not for the expectation of any personal gain or even delight, but purely to exist for the other. When we contemplate God as love, we can turn to Saint Augustine's helpful image: "There you are with three, the lover, what is being loved, and love." This is our God, Love. One God, in three Persons. And yet, its not just a Mystery to admire from afar. This Mystery of the God who is love, we are invited into.

If one is to take life seriously, they can not but ask the question, at some point... (and honestly): What is that feeling, that desire deep within, which so often I can not understand? What is that feeling a mother has gazing into the eyes of her child? Or the agony and longing felt at the death of a loved one? What is the feeling of injustice which wells up at the sight of a refugee in flight, or the sight of a starving child? If it's all 'survival of the fittest' as some would have us believe, then why so much fuss!? On this *Marriage and Family Sunday* - we ask, what is that feeling between a couple that draws them to give everything to each other? What about that feeling a woman has as she sits by the bedside of her dying father...? Or the feeling of hope in a child as they find their parents after being lost in a crowd? We must not be fooled, these experiences are not just fleeting, random reactions, but rather, something far more deeply embedded in our nature; an echo of something eternal that dwells within us. All these experiences though wildly different, are undergirded by... and symptomatic of one all-encompassing Truth, and Source. These are experiences of God!

These are the moments which make life wonderful and fulfilling. These are moments of God, and so, of the Trinity. Here, in our daily joys and sorrows, our agony and rejoicing, we find not only *proof* of the God who *is* love, but evidence that we live *within* that love - the One by whom "we live and move and have our being" (Acts 17:28).

Since the beginning, God has gradually revealed the truth of who he is as Trinitarian through what he has done in salvation history. In his encyclical *Spe Salvi*, Pope Benedict posed a challenging question: "now we must ask explicitly: is the Christian faith also for us today a life-changing and life-sustaining hope...which shapes our life in a new way, or is it just 'information'" (*Spe Salvi*, 10) that doesn't change us? Furthermore, what difference does this central mystery of our faith make in our daily lives?

Friends, Trinity Sunday is an invitation to remember that "[being] Christian is not the result of an ethical choice or a noble idea, but the encounter with an event, a person, which gives life a new horizon and a decisive direction" (*Deus Caritas Est*, 1). Jesus through the grace of the Holy Spirit has given us life in the Trinity. Revealing himself as Trinitarian, God has not merely shared impersonal facts *about* himself; rather, God has shared *himself*, and has *invited* us into his own inner life and communion of love, which alone is the origin, goal, and meaning of our life.

Today, the Church proclaims the truth about God, that *God is love* - and with this, God professes the truth about you and I: we are made for love. We eternally belong to God—we have an eternal home!

Father Trenton van Reesch
Administrator, St Christopher's Cathedral Parish

PARISH MINISTRIES

Director of Music

Jaki Kane

RCIA

Please contact parish office for next program.

School of Religion

See ad under Parish News.

Youth Minister

Anh Tran

Email: anh.tran@cg.org.au

Weekly Liturgical Calendar

Mon 31 May	The Visitation of the Blessed Virgin Mary
Tue 1 Jun	St Justin, martyr
Wed 2 Jun	Weekday, Ordinary Time
Thu 3 Jun	Charles Lwanga & companions, martyrs
Fri 4 Jun	Weekday, Ordinary Time
Sat 5 Jun	St Boniface, bishop, martyr
Sun 6 Jun	The Most Holy Body & Blood of Christ

Legion of Mary

*Monday at 5.30pm
Haydon Hall*

St Vincent de Paul

Assisting people in need and combatting social injustice in our community

Adventurers Youth Group

*(primary school age)
every 1st & 3rd Sunday of the month, 8.45am - 9.25am @ SPC*

Good Shepherd Prayer Group

*Wednesday at 7pm SPC
Parish Room (Feb-Dec)*

Christian Meditation

Saturday at 5pm SPC

Other Communities

Spanish Community

*First Sunday of the month at
11.30am SPC*

African Community

*Second Sunday of the month at
11.45am SPC*

Filipino Community

*First Sunday bi-monthly at
5.00pm SPC*

HAPPY MARRIAGE & FAMILY SUNDAY

Today, 30th May Archbishop Christopher will launch the Year Amoris Laetitia Family and the Marriage & Family Expo in St Christopher's Pastoral Centre 1-2pm, following 11:00am Mass. Free lunch provided. Register at <http://bit.ly/mfsregistration> Inquiries text 0429 192 869. Archbishop Christopher writes: "This particular year, focusing on family life and married life, finds its inspiration from Pope Francis' Apostolic Exhortation on love in the family called Amoris Laetitia (The Joy of Love). The Holy Father is very keen for us to revisit this important Apostolic Exhortation and reprise its teachings. You may be interested to know that the Vatican has various forums and videos by the Holy Father and concrete pastoral proposals available on the Vatican website <http://www.vatican.va/content/vatican/en.html>."

Cathedral Tap & Go Machines

The tap machines in the Cathedral have been intermittently not working due to maintenance work on a nearby Optus mobile tower. This issue should be resolved by this weekend. However, parishioners are also welcome to donate during the collections or using the donation boxes in the Cathedral. Planned Giving through the Parish Office is also available. Please see ways of giving at the bottom of the page.

FIRST YOUTH AND FAMILY MASS at St Peter Chanel's, 12th June, Saturday Vigil 5.30pm, followed by dinner, games, session and adoration. All youth Years 7 to 12 are invited. Please RSVP to anh.tran@cg.org.au for catering and more information.

INCLUSION SURVEY — As part of our continuing commitment to inclusion and access within the archdiocese, we will be continuing our survey started over Easter. Thank you to everyone who has participated so far. Throughout the month of June we are conducting a congregational survey on inclusion, disability, chronic health conditions and accessibility. There will be hard copy versions of the survey in the foyers of the Cathedral and St Peter Chanel's Church with a box to return the forms into. There is also an online version of the survey available on the parish website. We encourage everyone to take the short survey to help us know how we can care for you and your loved ones best. If you have any questions, please contact Cate at cate.canberra@gmail.com

POPE FRANCIS' ROSARY MARATHON FOR END OF COVID — Join May's global Rosary, at 30 Marian Shrines around the world, including St Mary's Cathedral (Sydney). St Christopher's is taking part in the Rosary marathon, with Rosary prayers at 8am weekdays, 11:30am Saturdays and 4:30pm Sundays. Rosary packs are available in foyers.

PLENARY COUNCIL — Oct 2021 & April 2022. As the journey continues, you are invited to prayerfully read the Working Document ('Instrumentum Laboris') <https://plenarycouncil.catholic.org.au/instrumentum-laboris/> If you've missed the recent denary zoom gathering, where we shared our thoughts on the document. To find out what Deanery you are in and to register: <https://cgatholic.org.au/plenary/> Let us continue forward, together!

MUSICIANS AT SPC — Saint Peter Chanel's is seeking musicians to help enrich the liturgy through their musical gifts. If you are interested in helping with either weekend Mass or have any questions please contact the parish office.

PLEASE DOWNLOAD THE CHECK IN CBR APP — To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. Download onto your smartphone and register, then simply scan QR code at the church entrance each visit.

2021 PLANNED GIVING FORM (GREEN) are now available in the churches. Please complete if you want to change your contribution or your details. If we don't receive a new Pledge card, this office will assume your contributions will remain the same. Direct debit forms are also available. If you have given this office your email, the Pledge form will be emailed to you with the weekly Bulletin.

2021 CATHEDRAL PARISH SCHOOL OF RELIGION PROGRAM

First Reconciliation classes start 13 Jul for 11 Aug. **First Eucharist** classes start 17 Aug for 12 Sept. More information and Enrolment forms can be found on www.cg.org.au/cathedral or contact the Parish Office on 6239 9846.

Parish Collections

Like many in our community, our parish has felt the Covid financial pinch. The finance council encourage you to consider recommencing your weekly financial contributions. Please consider direct debt and electronic forms of contribution to parish planned giving. Thank you for your generosity and support of your parish.

New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:
www.cg.org.au/cathedral or
contact Parish office 6239 9846.

Mass will be live streamed from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming. <https://www.catholicvoice.org.au/mass-online/>

PRESENT PROTOCOLS - Please be familiar with current guidelines

- In accordance with government restrictions, 260 people are permitted in the Cathedral, respecting the 2sqm p/p rule.
- ALL PARISHIONERS & VISITORS **MUST USE THE CBR CHECKIN APP** AND sign in upon entry (including children) . Records are destroyed after 28 days.
- Communion is received in the hand only & not under the species of the Precious Blood.
- Physical distancing rules still apply. Please use hand sanitiser upon entry and clean your pew/space with the wipes provided.
- Please sit where there is a 'Please sit here' marker. *NB:* Families can sit together.
- There will be no physical contact at the sign of peace.
- Please **DO NOT** return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.** Blue squares and yellow markers on the tiles indicate these distances.

Canberra Catholic Bookshop— Extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888, Ground floor, St Christopher's Pastoral Centre, 55 Franklin Street, Forrest.



Marian Series: The Rosary as a Contemplative Prayer— 30 May, 2.30pm. Join Fr Mannes Tellis (OP), parish priest at Holy Rosary, Watson, on ZOOM, as he helps us to unlock the power of the Rosary as a profound contemplative prayer.

Rosary recitation will be at 2.30pm followed by the talk. Register FREE at http://bit.ly/MarianSeries_Rosary

Catholic Bookshop Fireside Chats— 4 June, 1.30pm, Catholic Bookshop, 55 Franklin Street, Manuka. Listen to speaker Bev Cains share about her three passions -"Faith, Family and Fatima." Free event. Refreshments provided. Visit www.catholicbookshop.org.au/

Our Health Ahead: Opportunities & Challenges for Community Health & Wellbeing— 8 June, 5.45pm, ACU Campus 223 Antill St, Watson. As part of the Blackfriars Series, Ms Heidi Prowse, CEO, Mental Illness Education ACT, will be speaking on the topic of 'Mental health education: supporting young people to thrive.' This is a free public lecture. More info & register: OCD.Canberra@edu.acu.au.

Vinnies CEO Sleepout for the Homeless—17 June—COVID has resulted in more homeless people in Canberra needing help but also greater difficulties in raising funds. For information or to sponsor Canberra resident, Neville Tomkins, participating in his 10th Sleepout, go to <https://www.ceosleepout.org.au/ceos/act-ceos/neville-tomkins-scouts-australia/>

Winter Woollies Stall—17 June, 8am-4pm, Main Foyer, Calvary Public Hospital, corner Belconnen Way & Haydon Drive, Bruce. Calvary Hospital Auxiliary is selling a wide variety of hand-knitted and crocheted goods including beanies, jumpers, mittens, children's clothes, rugs, quilts etc, all at bargain prices. All proceeds go towards the purchase of medical equipment for the care and comfort of Calvary Public Hospital patients and staff.

Archdiocesan Women's Taskforce dinner —16 July, Southern Cross Club Woden to celebrate women's ministry. Scholar and teacher, Sr Margaret Beirne RSC will give a talk on St Mary Magdalene. Three course meal \$65. All welcome. Bookings essential at <http://bit.ly/MaryMagdaleneDinner>.

Retreat - Finding God in Australia—6-8 Aug. Fr John Hill will lead a retreat to be held at St Clement's, "Finding God in Australia". Contact St Clement's to register. info@stclement.com.au or phone 02 6380 5222 Monday – Friday 9am – 5pm.

Year of St Joseph devotionals— *Aid to the Church in Need* Australia has launched a website for the Year of St Joseph. Sign up to receive monthly devotional emails to help you become closer to St Joseph in this special year. When you sign up you can obtain a free copy of Fr Donald Calloway's Consecration to St Joseph book! Sign up: www.yearofstjoseph.com.au

Women's prayer/sharing Groups— Contact: calltoconnect.ministry@gmail.com "Call to connect" catholic women's ministry can help you with free starter kits. More information : <https://womenstaskforceacg.wordpress.com/women-prayer-groups/>

COVID-19 Vaccination News— Pope Francis and the Australian Catholic bishops support and reassure: please visit catholic.org.au/coronavirus for more information.

We pray for...

Those who are ill: Florencio Fariña, Alejandra Martinez, Clarrie Pickard, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Paul Mychailuk, Kalum, Melania Widjaja, Edhie Rahardja, Danny Yuwono, Nicholas Dyne, Hubo Ballivian, Fr Laurie Blake, Fr Peter Gannon, Mineke Peerboom.

Anniversaries of death: Frank Brennan, Monica Cooper, Carla Pastrello, Peg O'Hehir, Jane Jennings, Stanley & Mollie Jones, Fr Viv Morrison, Alma Sainsbury, Jack Delaney, Kathleen Bennett, Frances Riordan, Allan Read, Max Bradley, Jean Sunner, Mary O'Brien, Mary Hehir, Jennifer Gowing, David Crossin, Sr Leonie Crotty, Peter Xavier, Michael Rheinberger, Marcus Mumford, Anthony Sullivan, Margaret Gillespie, Sandra Altrin, Robert Porra, Carmel Pickard, Thomas Clowry, Denis Hogan, Joyce Cook, Katarina Kish, Rita O'Connor, Bella Erwinia Melino.

Recently Deceased: Evelyn O'Keefe, Betty Unwin, Romina Samoza De Reiz, Achilles Diokno, Maria Alves Dos Reis Valentin, Katarina Res, Lorraine Davies, Desmond Power, Fr Kevin Barry-Cotter, Gail Fenton, John Kelleher, Colleen Merritt, Norma Roach, Max D'Souza, Katarina Imsirovic,

Readings of the Day – The Most Holy Trinity —Year B



Cathedral QR code

Entrance Antiphon: *Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.*

Responsorial Psalm: *Happy the people the Lord has chosen to be his own.*

Gospel Acclamation: *Alleluia, alleluia! Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come. Alleluia!*

Communion Antiphon: *Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out:*

Abba, Father.

First Reading

Dt 4:32-34. 39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors – all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

Second Reading

Rom 8:14-17

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

Gospel Reading

Mt 28:16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

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LITURGICAL MINISTRIES ROSTER				
Lectors				
Mass	29/30 May	5/6 June		
5.00pm (SCC)	Jacob Madden Eleanor Noorli	Rebekeh Hall-O'Meagher Leeann Galloway		
6.00pm (SPC)	Wanda Kauz Mike Nash	Marcelle Disanayake Melissa Dixon		
8.00am (SCC)	Marcus Smith Phil Pocock	Louise Zavone Joe Zavone		
9.30am (SPC)	Gloria Osborne Clarice Poh	Jaye Longland Wanda Kauz		
11.00am (SCC)	Edwina Hyman Mark Hyman	Lynn Chan Ceciley Matthews		
5.30pm (SCC)	Liz Porra Joe Zavone	Rebecca Hall-O'Meagher Liz Porra		